



Help keep your child healthy this school year! Protect your kids from Influenza.

The Flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. The flu is mainly spread from person to person through cough and sneeze. Vaccination against the Flu is the single best way to prevent influenza.

Healthy children age four and older may receive a type of vaccine that is provided as a NASAL SPRAY – NO SHOT is required.

Regular flu vaccines (injectable) will be available free of charge to children with certain chronic health conditions where the nasal spray is contraindicated.

FREE FLU CLINICS FOR STUDENTS IN PRE-K TO 8TH GRADE

DATE:	Thursday Oct. 15 th '09	Friday Oct. 16 th '09	Thursday Oct. 22 nd '09	Friday Oct. 23 rd '09
TIME:	2 – 5pm	1 – 5pm	2 – 5pm	1 – 5pm
LOCATION:	Robert Bruce School 601 W Alvin Santa Maria	Adam School 500 W Wiser St Santa Maria	Arellanes School 1890 Sandlewood Dr Tanglewood	Battles School 605 E Battles Santa Maria
DATE:	Thursday Oct. 29 th '09	Friday Oct. 30 th '09	Thursday Nov 5 th '09	Friday Nov 6 th '09
TIME:	1 – 5pm	1 – 5pm	1 – 5pm	1 – 5pm
LOCATION:	Taylor School 1921 N Carlotte Dr Santa Maria	Liberty School 1300 W Sonia Ln Santa Maria	Ontiveros School 930 W Rancho Verde Santa Maria	Tunnell School 1248 E Dena Way Santa Maria

Children must be accompanied by their parent or legal guardian. No appointment necessary.

Sponsored by: Santa Barbara County Health Department & Community Health Centers of the Central Coast.