

Kiwifruit Yogurt Whip

Printed from Kiwi Recipes at <http://www.kiwirecipes.org/>

Ingredients:

1 large kiwi, peeled.
¾ cup of plain yoghurt.
¼ cup of milk.
2 teaspoons of honey.
2 ice cubes.

Preparation:

Purée the peeled kiwi.

Combine with remaining ingredients and process in blender or food processor.

Serve in tall glass.